

# CAPALBIO GUIDE

# Get to know Capalbio

Perched gently above the Tuscan countryside, Capalbio is a place where time seems to soften, inviting visitors into a slower rhythm of life. Often referred to as the “Little Athens” of southern Tuscany, this charming medieval village has long attracted artists, writers, and discerning travelers seeking authenticity paired with elegance.

Encircled by well-preserved stone walls, Capalbio’s historic center reveals narrow cobbled streets and intimate piazzas that open unexpectedly onto sweeping views of the Maremma landscape and the Tyrrhenian Sea. At its heart stands the graceful Palazzo Collacchioni, once a residence of noble families, alongside the Romanesque Chiesa di San Nicola, both echoing centuries of quiet prestige.

Just a short drive away lies the visionary Giardino dei Tarocchi, an extraordinary open-air sculpture park where monumental, colorful creations merge art, symbolism, and landscape in a truly unique experience.

Completing the experience are the vineyards and olive groves that define this corner of Tuscany, producing wines and oils of remarkable character.

Capalbio does not seek to impress loudly, instead it welcomes gently. For the international traveler discovering it for the first time, it offers not just a destination but a refined state of mind.







# Good to know

## Taxi

### Nannoni Bus

Phone number: +39 339 703 1080

### Taxi Capalbio

Phone numbers: +39 06 56558011  
+39 366 3922147

## Pharmacy

### Felia Farmacie

Address: Via Via Giacomo Puccini, 6,  
Capalbio Alta

### Felia Farmacie

Address: Via Umbria, 16, Capalbio  
Scalo

## Train station

### Capalbio Scalo station

Situated in Capalbio Scalo, in the  
municipality of Capalbio

## Supermarket

### Super A&O

Address: Via Origlio, 84, Capalbio  
Scalo

### Supermercato Emi ❤️

Address: Strada Pedemontana, 26,  
Borgo Carige

## Hospital

### Ospedale Misericordia di Grosseto

### Alimentari di Alberto Vento

Address: Via Giacomo Puccini, 7,  
Capalbio Alta

## **Police station**

**Carabinieri - Comando**

**Stazione Capalbio**

Address: Via Nuova, 3, Capalbio  
Alta

## **Bar**

**BarCaccia**

**Address:** Via Renato Fucini, 7,  
Capalbio Alta

**Caffè Station**

**Address:** P.zza Aldo Moro,  
Capalbio Scalo

**Le Burle**

**Address:** Strada Pedemontana,  
23, Borgo Carige

## **Shops**

**Community Capalbio** ❤️

**Address:** Strada Pedemontana,  
26, Borgo Carige

**Bazar**

**Address:** Strada Pedemontana,  
23, Borgo Carige

**Indie Head Hair Studio**

**Address:** Piazza Zucchi, 1,  
Capalbio Scalo

**Phone:** +39 3287683814

**PURA beauty salon**

**Phone:** +39 3793691137

## **Wi-Fi**

**Line:** Wi-fi Capalbio CONICCHIO

**Password:** nicolini24

# A day at the beach

## 1. Ultimaspiaggia ❤️

Location: Loc. Chiarone Marina

Phone: +39 0564 890295

Website: <https://ultimaspiaggia>

## 2. Bagni Macchiatonda

Location: Strada di Macchiatonda, snc

Phone: +39 3770866260

Website:

<https://www.stabilimentomacchiatonda>

## 3. Playa la Torba

Location: Orbetello

## 4. La Dogana ❤️

Location: Via Graticciaia snc, Chiarone Scalo

Phone: +39 0564 183 0669

Website: <https://dogana.enotecalatorre>

## 5. Jacarè

Location: Via del Mare; La Torba

Phone: +39 371 383 1269

## 6. Frigidaire Capalbio

Location: Via del Mare, 1

Phone: +39 348 6938873

Website: <https://www.frigidaire>

## 7. Locanda Lido ❤️

Location: Loc. Macchiatonda

Phone: +39 3500739503

## 8. Carmen Bay ❤️

Location: Strada di Macchiatonda

Phone: +39 380 897 3877

## **9. Spiaggia Parasol**

Location: Strada Provinciale Litoranea

Phone: +39 340 9628865

Website: <https://www.spiaggiaparasol>

## **10. Spiaggia per naturalisti di Macchiatonda**

Location: Loc. Macchiatonda

Public beach

## **11. Spiaggia libera Capalbio**

Location: Loc. Macchiatonda

Public beach

## **12. Feniglia**

Location: Ansedonia

Public beach

## **13. Isola del Giglio**

Boat trip

# Favorite places

## 1. La Vallerana

Restaurant, trattoria

Adress: Str. Monte Forcato, 1

Phone: +39 340 533 6126

## 2. Il Frantoio

Restaurant

Adress: Via Renato Fucini, 10

Phone: +39 0564 896484

## 3. Ristorante Tullio

Restaurant

Adress: Via Nuova, 27

Phone: +39 0564 896196

## 4. Il Tortello

Restaurant

Adress: Str. dell'Abbadia,

Pescia Fiorentina

Phone: +39 0564 895133

## 5. Trattoria a Marsi

Restaurant, trattoria

Location: Marsiliana

Phone: +39 376 115 4041

## 6. La Dogana

Restaurant

Adress: Via del Porto Fluviale, 67/B

Phone: +39 06 574 0260

## 7. La Selva

Restaurant, fish

Adress: Strada Selva Nera, 9

Phone: +39 0564 890381

## 8. Ristorante Rurale - CapalBIO Fattoria

Restaurant, farm

Location: Località I Caprai

Phone: +39 375 842 8397



## **9. Fontanile Dei Caprai** ❤️

Restaurant

Location: Località i Caprai

Phone: +39 349 524 2841

## **10. Locanda Rossa** ❤️

Restaurant, farm

Address: Str. Capalbio Pesca

Fiorentina, 11B

Phone: +39 0564 895049

## **11. Le Chicche di Capalbio** **"da Maria"**

Restaurant

Address: Piazza Carlo Giordano, 3

Phone: +39 0564 896014

## **12. La Porta**

Restaurant

Address: Via Vittorio Emanuele II, 1

Phone: +39 0564 896311

## **13. Fattoria Radicata**

Restaurant, farm

Address: Strada Provinciale

Valmarina

Phone: +39 3499552719

## **14. Le Scuderie** ❤️

Restaurant

Location: Capalbio

Phone: +39 3888350232

## **15. La Polverosa**

Restaurant, bar

Address: Strada Regionale, 74

Phone: +39 0564 878076

## **16. Gelateria Gusto Capalbio**

Ice cream shop

Address: Via Umbria, 5b, Pesca

Romana

Phone: +39 393 011 2582

# **17. Sotto Zero**

Ice cream shop

Address: Piazzale dell'officina, 6,  
Capalbio Scalo

Phone: +39 347 833 9817

# Sightseeing

## 1. Il Borgo

The ancient medieval village of Capalbio, with its fairy-tale atmosphere

## 2. Lake Burano

A true natural paradise located within a WWF-protected area

## 3. Giardino dei Tarocchi

A mystical place where you can admire the 22 figures of the esoteric Tarot deck

## 4. Terme di Saturnia

The most beautiful free-access hot springs in Tuscany, with sulfur-rich water

## 5. Hypermaremma

Permanent and temporary installations scattered across the Maremma region

## 6. Porto Santo Stefano

One of the most charming places on the Argentario

## 7. Orbetello

A beautiful town in the province of Grosseto, famous for its WWF Lagoon Nature Reserve

## 8. Porto Ercole

Located at the southern tip of Tuscany, this city boasts a great maritime tradition

## **9. Ansedonia**

An ancient ancient Roman town with its stunning Roman villa

## **10. Montemerano**

When visiting this medieval village, stop at Ristorante Caino for a great meal

## **11. Sovana**

An important Etruscan center and episcopal venue

## **12. Sorano**

Known as the "Matera of Tuscany", it is famous for being entirely dug into the tuff

## **13. Cascate del Mulino**

Iconic thermal waterfalls with year-round warm waters

## **14. Pitigliano**

Spectacular medieval town dramatically perched on volcanic tuff cliffs

## **15. Parco di Vulci**

Historic Etruscan site with archaeological ruins and thermal springs

## **16. Roselle**

Explore remarkably preserved Roman streets and ancient Etruscan remains



## **17. Tarquinia**

Ancient Etruscan city with iconic towers and tombs

## **18. Lake Bolsena**

Italy's largest volcanic lake, known for its clear waters and peaceful landscapes

# Fun activities

## 1. Capalbio Film Festival

An annual event held in June, it's an exciting celebration of cinema and screenwriting

## 2. Capalbio Libri

Every year during the first week of August, it's an event promoting books and reading

## 3. Horseback rides

There are numerous riding stables that organize wonderful horseback rides through the countryside and along the coast  
Phone: +39 3662283645 to book with Gaia

## 4. Golf

In the area there are some of Tuscany's finest golf courses: Argentario Golf Club, Terme di Saturnia golf course, Puntala golf

## 5. Tennis

You can book tennis courts nearby, like Capalbio Scalo Club, for matches with friends or private lessons with a coach

## 6. Surf, Kite, Wind surf

Capalbio and the surrounding coastline offer ideal conditions for these activities, with schools and rental shops available

## **7. Wineries tour**

Start with: Tenuta Monteverro,  
Tenuta Monteti, Tenuta Frescobaldi e  
Rocca di Frassinello, designed by  
Renzo Piano

## **8. Parco Avventura**

Fun adventure park set in  
nature, perfect for outdoor  
activities and tree climbing

**Don't hesitate to ask your hosts for help with any kind of bookings or arrangements!**

# House Rules - CASACÙ

**Address:** Strada Valmarina 48/a, Capalbio (GR)

**Location:** [https://maps.app.goo.gl/PGSwzcLjyD97SmJg9?g\\_st=iw](https://maps.app.goo.gl/PGSwzcLjyD97SmJg9?g_st=iw)  
(maps.app.goo.gl in Bing)

## **Useful contacts:**

**Marco (host):** +39 335 732 4317

**Gaia (host):** +39 335 685 8771

**Federico (supervisor):** +39 347 373 4594

**Maria (housekeeper):** +39 366 304 2563

**Claudio (gardener + pool):** +39 340 238 0606

## **Entrance / Exit / Safety**

- The gate opens from the outside using the access code **2266A**.

From the inside, the gate opens using a button mounted on the right-hand pole of the carpark.

- The **red key** opens the entrance window into the living room, another key opens the entrance window into the kitchen. You also have a key for the pedestrian gate and a key that disables the electric gate pistons (allowing manual opening in case the electric gate does not work and you need to urgently exit).
- When leaving the house, and at night, **windows must be closed** (the handle in the closed position points upward).  
This is not required for windows with security bars.
- From inside, the living room French door and the kitchen French door are locked by turning the knob in place of the keyhole.
- In case of fire, there is a **fire extinguisher** in the closet in the corridor behind the kitchen and a second one downstairs in the IT room.

## Lights

- Some outdoor lights are controlled from the switch panel next to the entrance door; other light (including the pool lights) from the switch panel on the opposite side of the living room next to “bar” furniture; the outdoor light above the dining table is controlled from the switch panel next to the kitchen window.

**Outdoor lights must always be turned off before going to bed.**

- The lights above the dining table in the living room are controlled from the switch panel next to the window to the right of the fireplace.
- All lamps in the house are controlled by wall switches (“controlled sockets”), especially in the bedrooms: upon entering, one switch turns on the ceiling lights and another turns on the bedside lamps and floor lamps.
- On the coffee table between the sofas and inside the fireplace there are **rechargeable lamps**, which can be recharged on their bases located in the closet in the corridor behind the kitchen.
- If the power goes out, the electrical panels are located in the closet in the corridor behind the kitchen.

## Kitchen

The kitchen is equipped with all standard appliances:

2 refrigerators/freezers, dishwasher, electric oven, microwave, induction cooktop, coffee machine, etc.

- **Dishwasher:** press “on”, select the desired program, press “start”.
- **Induction cooktop:** press “on/off”, select the cooking zone, set the desired temperature. Press “on/off” again when finished.
- The induction cooktop must be cleaned with a **soft cloth**.



## Laundry and Technical Room

- The laundry room on floor -1 has a washing machine and dryer.

There are 4 cabinets: the two on the left and the last on the right **must not be opened**; the second to last on the right contains cleaning tools.

- The laundry and cleaning supplies for your use are in the cabinets next to the washing machine.
- The technical room is accessed through the door next to the sofa in the TV room; inside are cabinets and trunks with household linens available to guests.
- Laundry can be hung to dry in the technical room.
- The technical systems in the technical room **must not be touched**.

## IT Room

- On floor -1, the first door on the right leads to the IT room, where the Wi-Fi router and printer are located.
- **Wi-Fi network:** “conicchio”  
**Password:** “nicolini24”
- To print documents, the computer must be connected to the Wi-Fi network; the printer is an **HP Color**.
- **Closed room:** on floor -1, the second door on the right is locked and contains the host’s personal belongings.

## Swimming Pool

The pool is equipped with a **cleaning robot** for the bottom (activated and deactivated by the gardener) and a **surface skimmer net** (also available for guest use). Both are stored under the gazebo.

The cleaning is scheduled on Monday, Wednesday and Friday morning.

## Trash Disposal

Trash must be taken to the appropriate roadside containers on the roads toward Capalbio, Capalbio Scalo, or Marsiliana.

Recycling is mandatory and must be separated into:

- paper
- glass
- plastic
- remaining non-recyclable waste

## Air Conditioning

Air conditioning can be turned on and adjusted centrally from the closet in the corridor behind the kitchen, or from the thermostat/regulator in each room.

Guests are kindly asked to use appliances and air conditioning **as much as possible during daylight hours**, as the house's energy is produced by photovoltaic panels.

Please switch off air conditioning before leaving the house at the end of your holiday.

The gardener is scheduled to come by on Wednesday morning.

**Thank you, enjoy your holiday!**